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A foreword for parents and other helpers

THIS BOOK TELLS YOU HOW TO HELP YOUR CHILD WITH AN ANXIETY PROBLEM.

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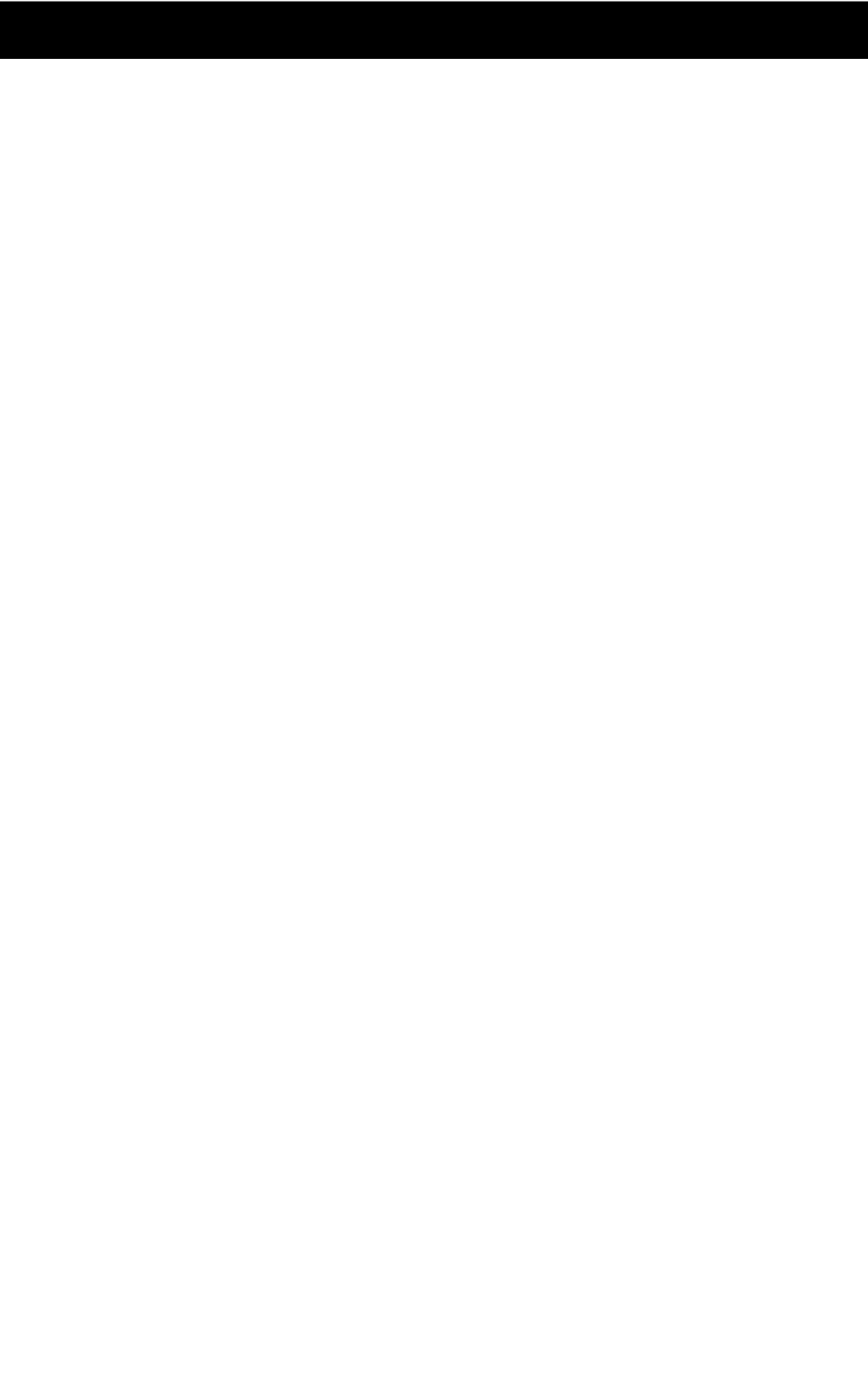
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help they can get – from parents, teachers, school counsellors, social
they need, they may become frightened, take back the disclosure

How can this be helped to be done?

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showing all persons that can contact them

Yes. _____ adult _____ is _____
you, _____ done _____ or has done it to you _____ it's a _____ the best. It's a good idea because it

Telling is also a good idea because _____

have to be careful. You want to be sure that _____

_____ if _____
_____ has done it

Carla's mother had a boyfriend who used to visit every weekend. He

The problem was that Carla's mother was afraid that her

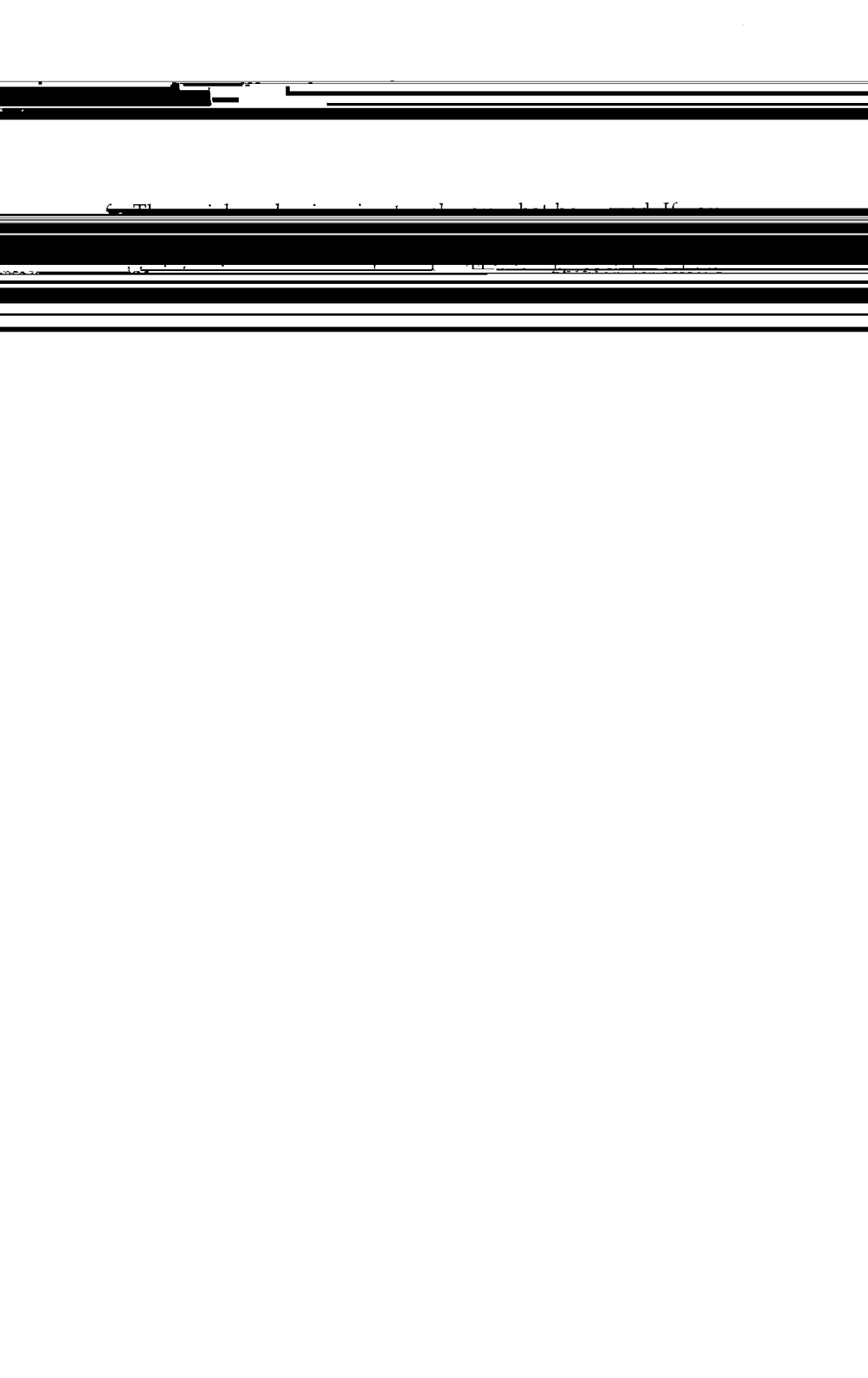
boyfriend first and Carla second

Your father may also be a good person to talk

Here's an example:

about his bad feelings.

Estimated. Schultz is the to decide who
to Robert, then phoned the



with other people... I think I'll... [redacted]

[redacted]

17/11/2014

Do you remember Lisa's story? Lisa's mother was... [redacted]

didn't bond social services to visit the [redacted]

had

[redacted]

you'll fight anyway

arrange for you to see a sexual abuse counsellor. The counsellor

[redacted]

[redacted]

17/11/14

[redacted]

2 6/11/14 11:11:14 AM

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[redacted]

What will the police do?

good at talking to children.

The job of prosecutors is to

given the police. If there's enough,

no school children who have been

may. If that money bought you special gifts, your brothers and sis

L. K. G. Little believe

Other family members. Your family may not like it if another

police do not like to lay charges unless they think there's a good

chance of conviction. If you're not sure, it's better to let it go.

you're responsible for what happens next. All you can do is try to

keep your head clear and your emotions under control.

It's important to remember that you're not alone.

There are people out there who care about you.

During the trial the person who abused you is called the accused.
The person who accuses you is called the prosecutor.

worst part, because the legal system is slow. Sometimes the trial

Another thing that I have heard about is that

you'll get the abuse done to you. You'll get the abuse done to you.

Is it worth all the trouble?

ly abused, a lot of things can happen afterwards. You know that

You know that telling may cost some of the money in

You also know that if the abuse is done

Most adults who are getting counselling today for sexual
could have told someone when I was a child."

But the choice is yours. No one else can decide for you, but a

Harvey, Wendy, L.L.B. and Watson-Kusell, Anne, Ph.D. So you